

## **Recurrent headaches during pregnancy? Speak to your doctor about it today.**

Please let your doctor know immediately if you experience any of the following symptoms mid-way through your pregnancy :

- Sudden rise in blood pressure
- Swelling of hands, feet, puffiness of the face
- Unexpected and abnormal weight gain
- Recurrent headaches with no relief from medication
- Abdominal pain
- Nausea and vomiting unexpectedly
- Disturbances in vision – blurring / light flashes

Signs and symptoms as above are suggestive of Preeclampsia, which is an undesirable complication in pregnancy. Your doctor will be able to help minimize your discomforts, and reduce the risk associated with Preeclampsia, if she is informed of these symptoms immediately.

## You are at increased risk of Preeclampsia due to any of the following :

1.	Complications in Previous Pregnancy
2.	Blood Pressure Even Before Pregnancy
3.	Kidney Problems
4.	Autoimmune Disease
5.	Twin or More Pregnancies
6.	IVF / Assisted Reproduction
7.	Diabetic
8.	Obese with BMI > 30
9.	Pregnancy After 40 Years of Age

The Lumella test helps in early detection of Preeclampsia, an undesirable complication in Pregnancy